

## **MDSBRIS**

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Your Trusted Certified Mohel.

Providing a warm and caring bris by a licensed MD for a precision circumcision.

## DAY OF BRIS PREPARATION

- Please have these items ready for the day of the Bris:
  - 1. Pillow to hold baby
  - 2. Table or countertop for circumcision prep in private area
  - 3. Several diapers and wipes
  - 4. Pacifier if used
  - 5. 3 thin baby blankets
  - 6. 2 candlesticks with candles and matches
  - 7. Wine cup and either kosher sweet wine or grape juice
  - 8. Challah
  - 9. Firm chair with back
  - 10. Chair for mother
  - 11. Small garbage pail
  - 12. Video or Zoom link (set up in advance), if desired
  - 13. Copies of parent speech, if desired
- Dress the baby in a long-sleeved onesie or t-shirt
- Stop feeding the baby approximately one hour before the Bris.